

Blue Star Training Module 3 Instruction Sheet # 4	EDU-8017 Blue Star Module 3.4- Familiarization & Fine Tuning (Turning)				Setting:	Rehab and clinical		Doc #:	EDU-8017
					Supervision:	Certified clinical professional		Version:	1.0
	Population:	General use (per indications)		Section:	Clinical Tools	Operation:	Walking familiarization		

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a) Turning while walking:

i) Use wide turns, allowing continuous walking with their step in front of the opposite foot.

ii) Do NOT pivot/spin on your heel while walking.

b) Turning while stopped:

i) Stop in neutral stance, turn in place until facing direction of walk, and

ii) Wait for the **neutral stance timeout** beep or for 5 seconds in neutral stance before walking again.

Legend

Explain/
demonstrate

Clinical
goal

Tip

Warning

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Revision History			
DATE	REV	Change description	Owner
2019-07-03	1.0	Original Version. Modified from IN-8000 series (A. Mai and M. Brookshaw)	B-Temia Inc.
This document SHALL be print on both side to show the revision history on the back side			

