

1	Turn Keeogo ON, Assistance level → 1; Profile → Stairs (per Sheet #5, if separate profile used)  IF knee buckling, weakness or pain: Assistance level → 2 +
2	Explain and demonstrate how device will react in stairs descent  IF assistance level 1: (users typically prefer no assistance when going down stairs) a) Stairs descent will only have passive orthotic support and no assistance IF assistance level 2+: (users with knee pain or severe muscle weakness may prefer assistance) a) Back leg will have eccentric assist when step down is detected and assist will stop at release angle b) Front leg will have eccentric assist at a certain angle if knee starts buckling
3	Instruct user to descend the stairs Do NOT squat before stepping down Stop at the bottom of the stairs and wait for Stairs descent timeout beep before walking/turning
4	Adjust parameters if needed (default parameters should be adequate)   IF using Keeogo assistance: Focus on reaching Back leg WB release angle for safety and fluidity. Adjust Step 5: Back leg WB release angle by ↑↓ of 3° until optimal release angle IF user starts stairs descent with a squat: Adjust Step 5: Stairs/squat threshold detection directly to 20°
5	Save profile to Keeogo - Turn Keeogo OFF , save profile to device.

**Caution:** use extra vigilance when working in stairs

- Ensure the patient maintains hand-contact with a railing at all times when using stairs;
- Maintain contact-guard assist (or better) with the patient throughout;

Blue Star Training Module 3 Instruction Sheet # 6	EDU-8019 Blue Star Module 3.6- Familiarization & Fine Tuning (Stairs Descent)				Setting:	Rehab and clinical		Doc #:	EDU-8019
					Supervision:	Certified clinical professional		Version:	1,3
	Population:	General use (per indications)		Section:	Clinical Tools	Operation:	Stair familiarization and fine tuning		

Revision History			
DATE	REV	Change description	Owner
2019-07-02	1,0	Original Version. Modified from IN-8000 series (A. Mai and M. Brookshaw)	B-Temia Inc.
2019-07-17	1,1	Edited text in step 4 and second caution statement (A. Mai)	
2020-01-15	1,2	Corrected cross-referencing error and clarified wording (M. Brookshaw)	
2020-05-01	1,3	Updated wording to help with clarity and reduce redundancies (A.Mai)	
This document SHALL be print on both side to show the revision history on the back side			

